

Steps for Learning NEAR@Home

Step 1: *Explore Readiness*

Step 2: *Foundational Science and Principles Review*

Step 3: *In-Person Learning Day*

Step 4: *Integration Support*

Goal

Mutual discovery of Home Visiting team/program's readiness to learn and integrate the NEAR@Home toolkit

Aligned and accurate understanding of the science and theories that inform the NEAR@Home processes

Home visitors and supervisors will learn how to provide a NEAR home visit and how to provide/seek support in reflective supervision for NEAR home visits.

Home visiting staff will develop proficiency and consistency in providing NEAR home visits.

Process

Your NEAR@Home facilitator will schedule a phone call with the home visiting program supervisor to discuss if this is a good fit for your program, the right time, and if your program has the supports in place to fully and safely implement NEAR. Your facilitator can offer guidance on steps needed to become ready.

Your NEAR facilitator will lead a discussion with your team on:

- NEAR@Home Theory of Change
- social justice
- trauma informed process
- attachment theory
- NEAR science with a focus on ACEs research
- resilience

Your NEAR facilitator will guide your team in:

- reading and discussing, section by section, The Core Elements of a NEAR home Visit.
- coached role play in how to do a NEAR home visit
- writing personal goals for integrating NEAR@Home into practice.

Your NEAR facilitator will schedule monthly telephone calls/video conferencing calls with your team to:

- hear your stories of NEAR home visits
- discuss concerns, ambivalence
- support ongoing learning and integration

Logistics

Approximately 90-minute phone call between supervisor and facilitator

2-hour video conferencing or phone call with whole home visiting team

6 hours, in person, on site, in your agency or community. Ideal group size is 10-15 staff.

60-90" telephone/video call with whole team, monthly, for 4 months